

BATRA FALL 2019 CONFERENCE

Friday November 8th (San Leandro, CA)



SESSION DESCRIPTIONS

"Special Messages: Reframing Psychosis, Building Community, Changing Lives"

Presented by Julian Plumadore & Coronita Reyes

DESCRIPTION:

Special Messages is a program of Peers Envisioning and Engaging in Recovery Services (PEERS) that seeks to reframe highly stigmatized experiences commonly referred to as psychosis in ways that are meaningful, empowering, and relevant for the people experiencing them.

Led by four peer professionals with lived experience of special messages, this presentation highlights how changing our perceptions can improve outcomes for the community members we work with. The session will include the history of the original Special Messages project and the goals of the current program funded by Alameda County Behavioral Health. It will feature a panel discussion on psychosis and stigma from a peer perspective; and it will focus on the ways the program addresses self-stigma through using descriptive language to express and validate experiences program participants are not able to freely discuss elsewhere.

"Initiate or Improve Your Internship Program! Stories from Recent Grads"

Presented by Kathleen Tuckness & Maritza Valencia

DESCRIPTION:

Become inspired to create or improve your internship program by hearing testimonials and information from two recent graduates. Learn and discuss innovative and meaningful requirements, major projects, and benefits to staff morale, expertise, and treatment.

"Meta-Therapeutic Processing To Facilitate Transformative Experience Completion"

Presented by Dr. Suzy Ross

DESCRIPTION:

What happens when your client has a pivotal, catalytic, or even life-changing experience? Learn to improve affective states and behavioral

outcomes during recreational therapy using evidence-based techniques from a clinical psychology method called Accelerated Experiential Dynamic Psychotherapy. Participants will learn to recognize state transformations, practice verbal and non-verbal practices in dyads, and discuss applications for practice.

"Canine Therapy within the Injured Military Population" (*pending ATRA approval)

Presented by Carol Davis, Kim Elliott, & Mr. Cork

DESCRIPTION:

This session will introduce participants to Recreation Therapy within the Wounded, Ill and Injured military population at a Military Treatment Facility/Naval Hospital. There will be a general overview of populations served; statistics of patients treated in outpatient Health & Wellness setting, the team of civilian and enlisted staff treating patients within the department & the specific challenges & barriers there are to working with patients & their families in a military setting.

Information on Assessment, Treatment, Documentation, Progress evaluation and Discharge recommendations and summaries and on how to write specific, patient based goals as it relates to the medium of Canine Therapy. The structure of the eight-year CICR (Canine Inspired Community Reintegration) program will be highlighted-from the Service Dog Education vetting, orientation and six week, progressive exposure based community reintegration will be given.

The intuitive healing of animal assisted therapy will be discussed and Cork, one of three Facility Dogs at Naval Medical Center San Diego, will be introduced and there will be a demonstration of skills and experiential training session for participants to be involved in.

***0.6 CEU's approved* by ATRA & NCTRC**

"Within six (6) weeks each professional will receive an official CEU transcript [to their mailing address provided to BATRA] detailing his/her participation in this conference.