

# BATRA

## SPRING 2019 CONFERENCE

Friday, April 26<sup>th</sup>, 2019 (San Leandro, CA)



## SESSION DESCRIPTIONS

### **"B.R.E.A.T.H.E. © - Taking Care of the Caretaker"**

*Presented by Dr. Karen Wall EdD, RN-BC, OFS, LMFT*

#### **DESCRIPTION:**

This course will offer information and instruction to recreation therapists regarding resiliency and self-esteem when related to their work in the field. Attendees will learn simple principles of resiliency and learn at least 1 technique for B.R.E.A.T.H.E. work.

### **"Measuring Meaningful Outcomes: How to Conduct Program Evaluation for Recreation Therapy"**

*Presented by Rebecca Tymn (CTRS) and Amanda Steele (CTRS)*

#### **DESCRIPTION:**

The session will provide a comprehensive frame work for how to conduct a program evaluation that can be used in the participants' current practice. Participants will learn steps for how to measure the outcomes of their RT interventions and/or programs, highlighting their effectiveness and value.

Emphasis will be placed on elevating expectations, establishing evidence-based practice and increasing participants' confidence to move towards higher levels of evaluation and research in their clinical practice.

### **"Diagnosis vs. Prognosis, I Don't Remember Learning that in School"**

*Presented by Jaime Hoffman*

#### **DESCRIPTION:**

As a student in the classroom you learned common diagnosis and prognosis for individuals with disabilities. This session will help you to gain a better understanding of rare diseases, neglected diseases, orphaned diseases and various disabilities which were not in the common RT textbooks.

### **"International Perspectives of Disability and How that Influences our Practice"**

*Presented by Jaime Hoffman*

#### **DESCRIPTION:**

This session focuses on the challenges of creating an environment where cultural perspectives of disability are respected and understood. Attendees will identify ways to address various cultural perspectives of disability and how to provide education to break down the barriers of recreational and leisure participation, all while gaining insight into your own perspectives of culture and disability that may influence your practice as a Recreational Therapist.

#### **\*CEU's pending approval by ATRA**

**"Within six (6) weeks each professional will receive an official CEU transcript [to his/her mailing address provided to BATRA] detailing his/her participation in the workshop/conference." For any questions/comments, contact our Education Coordinator, Teresa Boehm, at [education@batra-tr.org](mailto:education@batra-tr.org).**